



PERINATAL RESOURCE

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OBJECTIVE

To advocate for, support, empower and educate women and their healthcare providers about natural and healthy options in birth and lactation.

EDUCATION

BSN RN, Rockhurst University, Research CON, Kansas City, MO 1999
Kaufmann Foundation Fast Track Entrepreneurial Program 2004

PERSONAL

Wife to Charles W. Payne and mother to nine children ranging in ages from 1– 28 years.

WORK EXPERIENCE

Perinatal ReSource LLC, Birth and Lactation Advocacy, speaker, est. 2004
The CPR Lady, CPR, First Aid, and Defibrillator trainer, CEO 2004– present
OB/ L&D Nurse, Labor and Delivery, Baptist Medical Center, 2004–2006
Women’s Health Educator, Wise Woman Wellness, 2003–2004
Clinical Nurse Family Advocate, Maternal & Child Health Coalition, 03–04
OB/ L&D Nurse, Labor and Delivery, Truman Medical Center 1999–2003

PRESENTATIONS

- Midwife Means With Woman Conference, “What’s the Commotion about Promotion? Local Utilization of a National Breastfeeding Promotion Project”, March 2004
- Scholarship Day, Research College of Nursing, “Breast Fest: A Community–Based Breastfeeding Promotion, April 2004
- Minority Women’s Health Summit, Washington DC, “Community Demonstration Project: Illness Prevention through Breastfeeding Promotion”, August 2004
- Scholarship Day, Research College of Nursing, “Health and Spirituality; Implementation of a Faith Community Nurse Initiative” April 2005
- National WIC Conference, Poster Presentation, “Advancing the Normalization of Breastfeeding” May 2005
- Midwives Alliance of North America Conference, “Traditional Birth Re–enactment” October 2005

- Grandview High School, Career Days, “Labor and Delivery Nursing” March 2006
- Documentary and Book, “Woman–Owned Birth” Work in progress on the topic of my homebirth experiences. Oct 2006
- San Francisco Breastfeeding Coalition Annual Conference, “African–American Woman, Bridging the Gap: Outreach and Early Interventions to Promote Breastfeeding” February 2007
- San Francisco Breastfeeding Coalition Annual Conference. “Increasing Breastfeeding Duration with Different Populations of Working Women: Developing Strategies that Empower and Support: February 2007
- Scholarship Day, Research College of Nursing, “The Role of the Nurse Activist” April 2007
- MANA Annual Conference, “ A Response to ACOG: A Labor and Delivery Nurse’s Choice for Homebirth” October 2007
- Doulas of Greater Kansas City, “ The African–American Experience of Birth” October 2007

PROFESSIONAL AFFILIATIONS

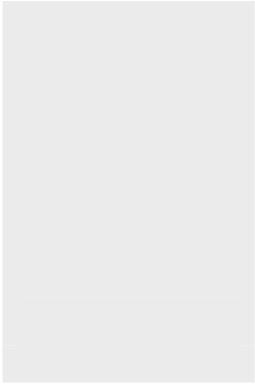
Doula Services of Greater Kansas City (affiliate)
 Maternal Child Health Coalition (member)
 Central Exchange (member)
 Greater Kansas City Breastfeeding Taskforce (chairperson)
 Reach Healthcare Foundation (board member)
 Rockhurst University Alumni Association (member)
 Toastmasters International (bronze CTM)
 Greater Kansas City Chamber of Commerce (member)

CERTIFICATIONS AND LICENSURES

Registered Nurse, MO 1558
 Registered Nurse, KS 14–88985–092
 Certified Breastfeeding Educator (CBE)
 Certified Childbirth Educator (CCE)
 CPR and First Aid Instructor (AHA)
 Neonatal Resuscitation Instructor (NRP)
 Child Passenger Safety Technician (NHTSA)
 Sexual Assault Nurse Examiner (SANE)
 Trained Doula
 Lamaze Teen Specialist

AWARDS AND RECOGNITIONS

Miller Grant recipient, 1996 and 1998 (Rockhurst University)
 Six Women to Watch 2001 (Kansas City Star)



Adele Hall Endowment for Advancement and Development 2001
(Central Exchange)

Celebration of Women 2003 (The Women's Foundation)

Career Ladder- Kansas City Star May 2005

Reach Healthcare Foundation- election to board June 2006

Nominee for Small Business of the Year- KC Chamber of Commerce-
March 2007